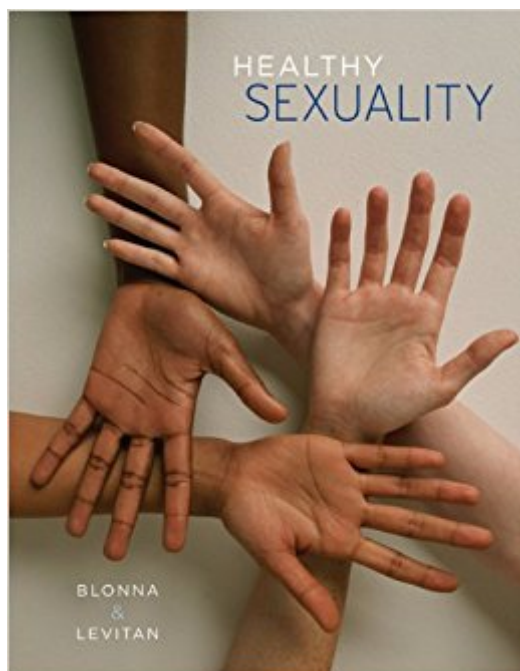


The book was found

# Healthy Sexuality, Resource Update (with Face To Face Videos)



## Synopsis

The first text to truly emphasize the dimensions of health and wellness in its discussions of human sexuality, *HEALTHY SEXUALITY* integrates a personal decision-making model throughout each chapter. *HEALTHY SEXUALITY* includes the latest research, as well as a number of activities that encourage students to develop critical thinking skills as they apply their knowledge. Case studies with critical thinking questions are integrated throughout the text and provide students the perfect opportunity to reflect on their own feelings and beliefs. *HEALTHY SEXUALITY* is the ideal less-expensive, comprehensive text for any human sexuality course. It encourages students to see the importance of the course as it relates to healthy living and positive attitudes.

## Book Information

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## Customer Reviews

Richard Blonna Ed.D CHES has a bachelor's degree in Psychology from William Paterson (1973), a Master's Degree from Seton Hall University in Education (1976; specialization in Counseling) and an Ed.D from Temple University in Health Education (1986; specialization in Health Counseling). Dr. Blonna worked for 15 years for the New Jersey State Department of Health before coming to William Paterson University in September of 1986. While employed by the NJSDH, Dr. Blonna worked in the Sexually Transmitted Disease Control Program, AIDS Program, and Family Planning Programs as a field worker, supervisor, counselor, health educator, and health education consultant. Dr. Blonna's areas of interest are stress management, counseling, epidemiology, and the use of technology in teaching community health. He has written three textbooks; *COPING WITH STRESS IN A CHANGING WORLD* (Mosby Publishing), *READINGS AND WEBLINKS IN HUMAN*

SEXUALITY (Morton Publishing), and HEALTHY SEXUALITY, SECOND EDITION (Wadsworth Publishing). Jean Levitan completed her doctoral work at New York University in the Human Sexuality, Marriage, and Family Life program within Health Education. She has taught an undergraduate course in human sexuality for over 30 years. Professor Levitan is a fulltime member of the Department of Community Health at William Paterson University, and an affiliated faculty member in the Women's Studies Department.

Good book. Interesting information.

today was end of class and I am keeping book , it is so informative. I can use for references in the future and for information

Found my text book cheaper than anywhere else and the book was in perfect condition!

This book was so helpful to use as a resource for both girls and boys. My daughter told me she was able to relax and not worry about "all that stuff" after reading it. Some people think that by educating -- you somehow are encouraging sexual behavior. It's so clearly the opposite. By talking about it openly and by offering a book like this -- it helped even a shy girl feel free to not have to think about it until she's "there" because she now feels informed and go on being a kid. That knowledge and having some things cleared up set her (and my others) free from the whole issue. When you understand something, you go on to the next thing. This is no different. I've also heard comments from friends' experiences with their now-grown kids that reading this book helped them put se into perspective. One that lead them to understand intuitively that sex does not get you love & is best done only when older, wiser, and when one feels safe, comfortable and respected. Also, it makes sense to have gay & lesbian information in the book as well since it's called Healthy Sexuality, not Healthy Heterosexuality. It's important for ALL kids to learn about homosexuality. (And if you doubt this, think of it this way, wouldn't you want your child to learn as soon as possible that it's ok s/he is gay, that s/he is the same beautiful son or daughter either way? Or the child may be heterosexual, in which case, s/he needs to be educated about the subject just as much. Education kills bigotry.) GREAT BOOK, recommending it.

My husband ordered this with the understanding there would be a illustration CD that came with it. Also we were very disappointed there was gay and lesbian material in this book, it's more

appropriate to have it a separate book.

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